



## Step by step guide to managing Sharps and blood and body fluid exposure (BBFEs)

Sharps and BBFE's include injuries with needles or other sharp medical instruments, which could pierce or cut the skin.

Some risks can be associated with scratches/bites, splashes with blood or hazardous body fluids into the eyes or mucous membranes (mouth/eyes/nose) or onto broken skin (e.g rash/wound).

### First Aid

- ✓ Liberally wash site under running water
- ✓ Squeeze site gently
- ✓ Do not use antiseptic soap
- ✓ Do not suck
- ✓ Dry and cover with plaster

If in eyes, Irrigate with saline for at least 5 minutes

**Complete a self referral. Access and complete care pathway using QR code:**



**Report injury to Station Officer or on call officer if out of hours**

**If high risk or unknown source and attending ED ensure form completed by attending clinician for YOUR treatment**



You must contact **Occupational Health Sharps line** on **028 9615 2255** and report injury. (Leave voicemail if out of hours and OH nurse will call back the next working day). If you have not received a call by 2pm the next working day call sharps line back. Please ensure a Datix is completed.