

# Regional Disability Action Plan 2018 - 2023



Contents	Page
Alternative Formats	2
1. Introduction	4
2. Why we have produced a Disability Action Plan	5
3. Working in Partnership	6
4. What is in our Disability Action Plan for 2018 – 2023	8
Section 1 – Promoting positive actions and increased participation through training, awareness and resources	8
Section 2 – Supporting full participation of disabled people by improving accessibility	11
Section 3 – Supporting full participation of disabled people in our workforce in our workforce	14
Equality Teams in your area	17

## Alternative Formats

This document is available in alternative formats including:

- Large font
- Audiocassette
- Braille
- Computer Disc
- Main minority ethnic languages
- DAISY
- Easy-read
- Electronic version.

**English:** This document can be made available in minority ethnic languages, on request, to meet the needs of those not fluent in English. Please see contact details of the Equality Units on page 17.

**Polish:** Aby wyjść naprzeciw potrzebom osób, które nie mówią biegle po angielsku, ten Plan Działania może być udostępniony w językach mniejszości etnicznych na życzenie.

**Lithuanian:** Šis veiksmų Planas pareikalavus gali būti pateiktas tautiniu mažumu kalbomis, kad atitiktų sklandžiai nemokančių anglų kalbos poreikius.

**Portuguese:** O Plano de Ação está disponível, à pedido, em outras línguas, para atender às necessidades das pessoas que não são fluentes na língua Inglesa.

**Tetum:** Aksaun Planu ida né,se bele fo ou halo iha liafuan etnika minoria sira nian, nebe bele husu, para bele ajuda ba ema sira nebe la hatene koalia lian Inglés.

**Latvian:** Šis darbības plāns var būt pieejams mazākumtautību valodās pēc pieprasījuma, lai palīdzētu tiem, kam ir nepietiekamas angļu valodas zināšanas.

**Russian:** Сейчас план проводимой работы может быть доступен так же на языках этнических меньшинств, по просьбе тех, кто не владеет свободно английским языком.

**Czech:** 'Aby byly uspokojeny potřeby těch, kteří nemluví plynule anglicky, je možné tento návrh Akčního plánu na požádání poskytnout v jazycích etnických menšin.'

**Slovak:** Tento Akčný Plán môže byť na požiadanie dostupný v jazykoch národnostných menšín z dôvodu zabezpečenia potrieb tých, ktorí nie sú spôsobilí mu porozumieť v angličtine.

**Chinese: (Cantonese):**這行動計劃草案將會根據需求被翻譯成各種小數族裔語言去迎合那些英語不流利的人士的需要。

## 1. Introduction



Welcome to our new Disability Action Plan. Our Plan sets out actions we in health and social care will take forward collaboratively over the next five years in partnership with disabled people. It creates actions that will improve our services, promote positive attitudes to people with a disability and encourage opportunities for disabled people to participate

fully in public life. It also shows our commitment to mainstreaming disability issues and placing disability issues at the core of what we do.

The Disability Discrimination Act (DDA) defines disability as:

*“a physical or mental impairment which has a substantial and long term adverse effect on a person’s ability to carry out normal day to day activities”.*

It is important to note that this definition covers a wide range of conditions, a number of which are not always thought of as a disability, such as people with diabetes, epilepsy, severe disfigurement, dyslexia, cancer, etc. Many disabilities are hidden and include, for example, blood borne conditions such as Hepatitis, HIV, etc.

Much has been achieved during the lifecycle of our previous Disability Action Plan. For more details of what we have done so far, please refer to our respective Annual Progress Reports which are available online and in alternative formats on request.

The actions and priorities in this Plan for 2018 – 2023 were influenced by what disabled people told us, research on inequalities relating to disabled people and other strategic drivers such as the Department of Health’s “Health and Wellbeing 2026 : Delivering Together” strategy.

Our Plan is a living document. It is designed to be flexible and responsive to changing circumstances over the five year period. It will be reviewed on an on-going basis, with annual reports submitted to the Equality Commission for Northern Ireland (ECNI). The reports will provide an annual update on each action and will be available on our websites.

The principles of *Fairness, Respect, Dignity, Equality and Autonomy* will inform the implementation of our Plan which can be read alongside our Equality Action Plan for 2018 - 2023. We wish to thank everyone who has helped us produce our Plan. We value the experiences and expertise people shared with us and remain committed to working in partnership to deliver the actions.

## 2. Why we have produced a Disability Action Plan

Under **Section 49** of the **Disability Discrimination (NI) Order 2006**, referred to as the “**disability duties**”, we are required when carrying out our functions to:

- promote positive attitudes towards disabled people
- encourage participation by disabled people in public life.

The law requires Trusts to submit a Disability Action Plan (DAP) to the ECNI showing how we intend to fulfil these “disability duties”.

We also have a duty to promote and protect human rights both as service providers and employers. We are committed to meeting our duties under both the **Human Rights Act 1998** plus the nine other international human rights treaties including the **United Nations Convention on the Rights of Disabled People**.

Whilst we have these legal responsibilities, we believe that promoting positive attitudes and encouraging participation in public life is part of our core business and that we will lead by example in addressing inequalities and barriers that disabled people experience ultimately to improve health outcomes. Our Plan will help meet our goals of reducing health and social inequalities and improve health and well-being.

### 3. Working in Partnership



Health and Social Care Trusts and the Northern Ireland Ambulance Service Trust have worked in partnership with disabled people and representative organisations to develop this Plan. **Co-design** has been at the centre of how our Plan has been produced. It was designed for and with people who are disabled including staff, service users, carers and representative groups from the community and statutory sectors. At the start of writing this Plan we looked at what we had done so far to make a difference for people who are disabled. Next we read up on what other organisations said is good practice and then did our own research on the inequalities that still persist. All this helped us think about what else we could do to make a difference.





We then had a workshop in January 2017 and listened to many people with disabilities, carers and representatives from disability organisations. We asked people at the workshop:

- What has worked well and what needs improved?
- What actions could bring about the improvement?
- Who ought to be involved?

We were told about issues concerning access to information, accessing appointments, other people's attitudes, how people are supported in work and how they find getting a job. Our Plan has been built around these ideas.

For more details on this pre-engagement event, please go to <https://view.pagetiger.com/Outcome-Report>

The Health and Social Care Trusts and the Northern Ireland Ambulance Service Trust formally consulted collaboratively on our Plans from 7 August to 7 November 2017. A Consultation Outcome Report details the consultation process and the feedback received and can be found on Trust websites or by contacting your local Equality Unit, see page 17 for contact details.

All the feedback we have received through engagement and consultation has shaped this Disability Action Plan. We would like to thank everyone who took the time to help us with this valuable work. We are committed to supporting the sustained engagement of groups representing people with a disability and individuals in taking forward this Plan. The Trusts will ensure that people with disabilities and disability advocacy groups are involved when implementing, monitoring and reviewing the Plan or deciding any further actions.



#### 4. What is in our Disability Action Plan for 2018 - 2023

The following tables outline our actions for the next five years. This Plan is designed to be flexible and responsive to changing circumstances and needs. Our Plan will be reviewed on an on-going basis and when the Equality Commission publishes their statement on key inequalities in health. We will report annually via our Section 75 Annual Progress Report to the ECNI which is submitted at the end of August each year and available on all of our websites or by contacting the Equality Units.

##### Section 1 – Promoting positive actions and increased participation through training, awareness and resources

Disabled people have told us that promoting well-informed social attitudes to disability is central to securing the right to equality for all disabled people. We are committed to providing training and resources to support our staff in the implementation of our disability duties.

##### Actions to promote positive attitudes towards disabled people

What we will do	How will we measure what we have done	When
We will co-design and deliver bespoke disability equality training for frontline staff in partnership with disabled people.	<ul style="list-style-type: none"><li>• Consistent staff training and awareness raising, co-designed and delivered, where appropriate, across health and social care.</li><li>• Co-designed training programme in each Trust that includes specific guidance on communication on disability and autism.</li><li>• Increased staff awareness on disability equality and how to promote positive attitudes and participation in public life.</li></ul>	Year 2

	<ul style="list-style-type: none"> <li>• Disability equality training that will reflect all disabilities (including hidden, autism, sensory) and will challenge negative stereotypes / attitudes about disabled people.</li> </ul>	
We will work with the consortium of mental health organisations and the ECNI to ensure health and social care is signed up to the Mental Health Charter.	<ul style="list-style-type: none"> <li>• Workplace that welcomes and supports staff with a mental health issue.</li> <li>• Development of best practice models that ensure services are accessible to people with a mental health issue.</li> <li>• Availability of long-term sustainable information and training support that will help managers to identify and offer help and support to staff with a mental health issue.</li> </ul>	Years 1-5
We will continue to support the implementation of the Regional Physical and Sensory Disability Strategy.	<ul style="list-style-type: none"> <li>• Promotion of regional sensory awareness e-learning programme.</li> <li>• Improve awareness among staff on how to ensure people with sensory impairment have access to information, services and supports.</li> </ul>	Year 1

## Actions to encourage participation by disabled people in public life

What we will do	How will we measure what we have done	When
<p>We will develop for staff a welcome pack with information about accessibility such as:</p> <ul style="list-style-type: none"> <li>• arrangements for sign language interpreting</li> <li>• provision of auxiliary aids</li> <li>• disability etiquette</li> <li>• alternative formats.</li> </ul>	<ul style="list-style-type: none"> <li>• Accessibility welcome pack available for all disabled service users to improve access to services.</li> <li>• Improved service user and carer experience.</li> <li>• Resource available for staff to support them to meet the needs of disabled service users and carers.</li> </ul>	Year 2
<p>We will support the regional initiative to promote awareness of Hospital Passports and undertake actions accordingly.</p>	<ul style="list-style-type: none"> <li>• Promotion of the initiative across all the health and social care organisations.</li> <li>• Improved communication between staff and service users with a learning disability.</li> <li>• Improved experience for people with a learning disability across health and social care when accessing hospital services.</li> <li>• Enhanced support for staff to meet the needs of service users with a learning disability.</li> </ul>	Year 1
<p>We will work with relevant organisations to adopt a communication standard in</p>	<ul style="list-style-type: none"> <li>• Establishment of a consistent communication standard across all Trusts.</li> </ul>	Year 2

line with the Accessible Communication Standard in England to ensure information is accessible for all disabled people including those with autism and those with communication disability.	<ul style="list-style-type: none"> <li>• Improved communication with service users and carers.</li> <li>• Improved experience for people using our services.</li> <li>• Improved accessibility to information and services.</li> </ul>	
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## Section 2 – Supporting full participation of disabled people by improving accessibility

We have done much work over the years in enhancing the accessibility of health and social care services but disabled people continue to tell us that barriers to full accessibility remain. We are committed to working with disabled people on the initiatives listed below to improve accessibility for and participation of disabled people when accessing our buildings, information and services.

### Actions to promote positive attitudes towards disabled people

What we will do	How will we measure what we have done	When
We will review how we communicate with and seek feedback from disabled people (staff and service users) about health and social care and develop guidance to	<ul style="list-style-type: none"> <li>• Introduction of new methods of seeking feedback and communication identified such as Citizen Space.</li> <li>• Use of all available media (including social media) considered.</li> <li>• Guidance available for staff to ensure effective engagement with disabled people.</li> </ul>	Year 2

ensure effective engagement in the future.	<ul style="list-style-type: none"> <li>Improved development of policy and practice by drawing on wide range of views and experiences.</li> </ul>	
<p>We will work with disabled people to make sure we are ready for the introduction of new legislation including:</p> <ul style="list-style-type: none"> <li>Mental Capacity</li> <li>Age Discrimination (Goods / Facilities/Services)</li> </ul>	<ul style="list-style-type: none"> <li>Action plans available to ensure readiness for forthcoming legislation.</li> </ul>	Years 1-5 – as and when legislation enacted.

### Actions to encourage participation by disabled people in public life

What we will do	How will we measure what we have done	When
We will join the Equality Commission's 'Every Customer Counts' initiative to try and ensure that services and the physical environment are accessible.	<ul style="list-style-type: none"> <li>Public commitment to 'Every Customer Counts' and formal sign up by all Trusts being a campaign signatory.</li> <li>Health and social care services accessible and open to all potential service users and carers. Raised awareness of three good practice guides to illustrate reasonable adjustments which have been made by various service providers in a range of sectors.</li> </ul>	Years 1-5

	<ul style="list-style-type: none"> <li>• Share practical examples of how to improve services for disabled service users and carers.</li> </ul>	
We will work with representative groups to develop an accessibility checklist to ensure that health and social care facilities are considered accessible spaces for all.	<ul style="list-style-type: none"> <li>• Accessibility checklist for health and social care facilities developed in partnership with ECNI and voluntary and community sector.</li> <li>• Health and social care facilities accessible for service users and carers.</li> <li>• Information from checklist to support prioritisation of programme of accessibility works.</li> <li>• Resource developed to promote best practice in the built environment including autism friendly spaces.</li> <li>• Promotion of best practice when working with colleagues on modernisation projects or new builds.</li> <li>• Guidance available on autism friendly spaces. Promote principles of autism friendly spaces and services.</li> </ul>	Year 2
We will work to ensure access to all forms of communication support including support for BSL/ISL users, Makaton users and people who have Autism Spectrum Disorder.	<ul style="list-style-type: none"> <li>• Regional services established for the provision of communication support for people who are deaf or hard of hearing.</li> <li>• Health and social care communication accessible to all service users and carers.</li> <li>• Improved access to services.</li> <li>• Improved communication with service users and carers.</li> </ul>	Year 2



	<ul style="list-style-type: none"> <li>Improved experience for people using our services.</li> </ul>	
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### Section 3 – Supporting full participation of disabled people in our workforce

We know that there continues to be gaps between the proportion of disabled people employed in health and social care compared with non-disabled people. We are committed to ensuring that disabled people are afforded equality of opportunity in respect of entering and continuing employment in health and social care. We will work in partnership with disabled people to make sure our employment policies and practices and working environments are as inclusive and accessible as possible. Please note the nature of the actions detailed below will relate directly to participation by disabled people in public life.

What we will do	How will we measure what we have done	When
We will work in partnership with Recruitment Shared Services to promote a review of recruitment and selection processes to promote equality and ensure any barriers that may discourage a disabled person from applying are identified and mitigated action as appropriate.	<ul style="list-style-type: none"> <li>Barriers to recruitment and selection process improved.</li> <li>Best practice model developed in relation to online recruitment.</li> <li>Increased applications from people with a disability.</li> </ul>	Year 2
We will work with staff, schools and disability organisations to promote health and social care as a disability friendly employer.	<ul style="list-style-type: none"> <li>Development of our work placements and employability programmes.</li> <li>Improved awareness of the Trust as a disability friendly employer through</li> </ul>	Year 1 and ongoing

	increased work placements and promotion at careers conventions.	
We will review opportunities for staff to disclose their disability.	<ul style="list-style-type: none"> <li>• Staff encouraged to declare that they have a disability.</li> <li>• Promotion of the benefits of disclosure and importance of monitoring.</li> <li>• Increased awareness of the importance of staff keeping personal equality monitoring records up to date (via HRPTS).</li> <li>• Increased staff disclosure and staff supported.</li> <li>• Robust equality monitoring statistics to ensure meaningful analysis to support decision making and benchmark workforce profile.</li> </ul>	Year 2
We will work in partnership with disabled people and Occupational Health Services to ensure that disabled people are supported to continue in employment.	<ul style="list-style-type: none"> <li>• Promotion of revised best practice guidance on employing persons with a disability.</li> <li>• Development and delivery of bespoke equality and human rights training to Occupational Health staff.</li> <li>• Awareness campaign to highlight the benefits of referral to Occupational Health - for staff and for managers.</li> <li>• Improved support for disabled staff.</li> <li>• More robust reasonable adjustment process.</li> </ul>	Years 1-3
We will review the Employment of Persons with a Disability	<ul style="list-style-type: none"> <li>• Guidance updated to take account of any new research and to ensure issues relating</li> </ul>	Year 1

Policy in partnership with disabled people and trade union representatives and extend the associated guidance.	<p>to hidden disabilities / autism / mental health / negative attitudes and stereotypes are included.</p> <ul style="list-style-type: none"> <li>• Promotion of guidance across health and social care.</li> </ul>	
We will develop guidance on supporting people with autism in employment in partnership with representative organisations.	<ul style="list-style-type: none"> <li>• Co-designed guidance produced which will raise awareness among staff of reasonable adjustments for people with autism.</li> <li>• Promotion of guidance across health and social care.</li> </ul>	Years 2-4

## Equality Teams in your area : Contact Details

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