# **COVID-19 Notice**

Friday 17 April 2020



# NEW REGIONAL SUPPORT HELPLINES AND RESOURCES

The Health Minister has today launched a new regional framework to support the wellbeing of all HSC staff – including NIAS staff – during the COVID-19 crisis.

This regional support will be in addition to the ongoing support provided internally by NIAS, such as Peer Support and occupational health.

A PHA website is now available with excellent resources for all HSC staff, at:

# Resources

All NIAS staff can now also confidentially call regional Trust support helplines for expert psychology/wellbeing support on the following numbers:

#### **Northern HSC Trust**

028 9441 3644

Monday to Friday - 9am to 9pm

Saturday and Sunday - 2pm to 6pm

### **South Eastern HSC Trust**

028 92 501 332

Monday to Friday - 9am to 9pm

Saturday and Sunday - 2pm to 6pm

#### **Southern HSC Trust**

028 3756 2600

Monday to Friday - 9am to 9pm

Saturday and Sunday - 2pm to 6pm

## **Western HSC Trust**

028 7161 1281

Monday to Friday - 9am to 9pm

Saturday and Sunday - 2pm to 6pm

#### **Belfast HSC Trust**

028 9615 1888

Monday to Friday - 9am to 9pm

Saturday and Sunday - 2pm to 6pm

NIAS is urging all staff to make use of these regional resources and phone numbers if, at any time, you feel the need for additional support.

NOTE: For information below, please see a link to the Minister's full statement (16 April 2020):

Full Statement